



The Herdwick Inn

Penruddock, Penrith.

01768483007



Lunch Menu

Senior Citizens

**A Two Course Special Starter + Main Course
or Main Course + Dessert**

£7.75

Menu

Starters

Homemade Soup of the Day
Served with a warm Crusty Roll
£3.80

Homemade Chicken Liver Pate
Served with Toast
£4.20

Warm Goats Cheese Salad
Grilled Goats Cheese on a bed of mixed leaves with a Balsamic Glaze
£4.25

Atlantic Prawn & Stilton Salad
Prawns on a bed of dressed leaf salad topped with crumbled Stilton
Cheese
£4.45

Breaded Mushrooms
Served with a Garlic Mayonnaise Dip
£4.35

Main Courses

Roast Of The Day
Served with Roast Potatoes, Yorkshire Pudding & a selection of Veg
£9.25

Cumberland Sausage
Served on a Bed of Mash with Onion Gravy & a selection of Veg
£8.50

Leek & Mushroom Crumble
Creamed Leeks & Mushrooms with Garlic, topped with golden Bread
Crumbs
£8.95

Steak & Ale Pie
Lakeland Steak & diced Onion braised in our local Jennings Ale
£9.75

North Sea Breaded Scampi
Served with Chips, Salad, Lemon Wedge and Tartare Sauce
£9.45

Fillet of Cod
Fillet of Cod topped with a homemade Parsley Sauce
£9.75

Lambs Liver
Liver & Bacon on a bed of Mash with Onion Gravy
£8.45

Evening Menu

Starters

Homemade Chicken Liver Pate
Served with Homemade Cumberland Sauce & Toast, **£4.20**

Homemade Soup of the Day
Served with a warm Crusty Roll & Butter, **£3.80**

Melon & Prawns
Honeydew Melon and Atlantic Prawns with a Marie Rose Sauce,
£4.45

Smoked Mackerel Fillet
Fillet of Smoked Mackerel with Horseradish Sauce, **£4.40**
Creamy Garlic Mushrooms

Sautéed Button Mushrooms in a creamy Garlic Sauce, served on a
crispy crouton, **£4.40**
Black Pudding Stack

A slice of grilled Black Pudding, Bacon & Apple topped with a
creamy Wholegrain Mustard Sauce, **£4.45**

Main Course

Local Penruddock Crispy Half Duckling
Glazed with a Tanga Orange Sauce, **£14.45**

Lakeland Roast of the Day
Traditional Roast Dinner served with a Yorkshire Pudding, Roast
Potatoes, Boiled Potatoes, Vegetables & Rich Pan Gravy, **£9.25**

Fillet of Cod
Fillet of Cod topped with a homemade Parsley Sauce, **£9.75**
Breaded North Sea Scampi
Served with Chips, Dressed Salad, Tartare Sauce & Lemon Wedge,
£9.45

Homemade Steak & Ale Pie
Lakeland Steak and diced Onion slowly braised in Jennings Ale,
£9.75

Cumberland Sausage
A traditional ring of Cumberland Sausage served on a bed of
mashed Potato & topped with an Onion Gravy, **£8.50**

Braised Lamb Henry
Slowly cooked in Jennings Ale & served on a bed of Mashed
Potatoes with topped with a Mint Jus, **£14.45**

10oz Lakeland Rump Steak, £13.95
10oz Lakeland Sirloin Steak, £14.95
With Grilled Tomato, Crispy Onion Rings & Sautéed Mushrooms.

Hunters Chicken
A Breast of Chicken with BBQ Sauce, Bacon & Cheese, **£9.75**

Lambs Liver & Bacon
Served on a bed of mashed Potato & with an Onion Gravy, **£8.45**

Vegetable Stir Fry
A medley of stir fried Vegetables served with Rice, **£8.95**

Trio of Lamb Cutlets
Served with a Mint & Redcurrant jus, **£10.95**

Surf & Turf
Breaded Scampi & a 5oz Sirloin Steak, **£10.50**

Opening Times

Mon – Fri, 12 -3pm, 5-30pm until Close

Sat & Sun, Open All Day

Food Served

Mon – Fri, 12 – 2pm and 6 – 9pm

Sat 12-3pm and 5.30-9pm

Sun, 12 – 8pm

Marstons National Pub of the Year Competition, Silver Award

Winners 2007 & 2008

Solway CAMRA Pub of the Autumn Season 2009