

The Herdwick Inn

Penruddock, Penrith.

Tel 01768483007, Sat Nav CA11 0QU

Lunch Menu

Senior Citizens Lunch

**A Two Course Special Starter + Main Course
or Main Course + Dessert
£7.95**

Starters

Homemade Soup of the Day

Served with a warm Crusty Roll

Homemade Chicken Liver Pate

Served with Melba Toast & Salad

Breaded Brie Wedges

Served with Cranberry Sauce & a dressed salad

Atlantic Prawns with Marie Rose Sauce

Prawns bound in Marie Rose Sauce with a dressed leaf salad

Breaded Mushrooms

Served with a Garlic Mayonnaise Dip and dressed Salad

Main Courses

Roast Of The Day

Served with Roast Potatoes, Boiled Potatoes, Yorkshire
Pudding & a selection of Veg

Cumberland Sausage

Served on a Bed of Mash with Onion Gravy & a selection of
Vegetables

Mediterranean Vegetable Pasta

Penne Pasta bound with a medley of Mediterranean
Vegetables and served with Garlic Bread

Steak & Ale Pie

Lakeland Steak & diced Onion braised in our
local Jennings Ale

North Sea Breaded Scampi

Served with Chips, Salad, Lemon Wedge and Tartare Sauce

Fillet of Cod with a Parsley Sauce

Fillet of Cod served with Chips or Boiled Potatoes

Lambs Liver

Liver & Bacon on a bed of Mash with Onion Gravy

Evening Menu

Starters

Homemade Chicken Liver Pate

Served with Homemade Fig Chutney & Melba Toast, £4.40

Homemade Soup of the Day

Served with a warm Crusty Roll & Butter, £3.95

Deep Fried Camembert

Served with Cranberry Sauce and a Dressed Salad, £4.50

Creamy Garlic Mushrooms

Sautéed Button Mushrooms in a Creamy Garlic Sauce, served on a
Crispy Crouton, £4.50

Black Pudding Stack

A slice of Black Pudding, Bacon & Apple with a Wholegrain
Mustard Sauce, £4.55

Atlantic Prawn and Stilton Salad

Served on a dressed Salad, £4.55

Main Courses

10oz Horseshoe Gammon

Gammon served with an Egg & Chips, £9.50

Lakeland Roast of the Day

Traditional Roast Dinner served with a Yorkshire Pudding, Roast
Potatoes, Boiled Potatoes, Vegetables & Rich Pan Gravy, £9.50

Fillet of Cod with Parsley Sauce

Fillet of Cod served with a Creamy Parsley Sauce £9.95

Breaded North Sea Scampi

Served with Chips, dressed Salad, Tartar sauce
and a wedge of Lemon, £9.75

Homemade Steak & Ale Pie

Lakeland Steak and Diced Onion slowly braised in our local
Jennings Ale with a Puff Pastry Lid, £9.95

Cumberland Sausage

A traditional ring of Cumberland Sausage served on a bed of mashed
Potato & topped with an Onion Gravy, £9.25

10oz Lakeland Rump Steak, £14.25

Served with Grilled Tomato, Onion Rings & Sautéed Mushrooms.

Chicken with a Tarragon Cream Sauce

A Breast of Chicken with a White Wine, Tarragon and Cream Sauce.
£9.95

Salmon with a Cajun Cream Sauce

Fillet of Salmon topped with a Cajun Style Cream Sauce, £11.75

Homemade Vegetable Stir Fry

A medley of Fresh Vegetables cooked in our special Stir Fry Sauce,
served on a bed of Rice, £8.95

Surf and Turf

A combination of a 5oz Rump Steak and Breaded Scampi, served
with a Dressed Salad and Chips, £11.95

Braised Lamb Henry

Shoulder of Lamb slowly cooked in Jennings Ale served on a bed of
Mash Potato with Minted Gravy, £14.50

Opening Times

Mon – Fri, 12-3pm, 5-30pm until Close

Sat & Sun, Open All Day

Food Served

Mon – Sat, 12-2pm and 6-9pm

All Day Sunday Carvery, 12 – 8pm

Marston's National Pub of the Year Competition, Silver Award

Winners 2007 & 2008

Solway CAMRA Pub of the Autumn Season 2009